

Centro Madre Assunta

Services: Emergency shelter for migrant women & children.

Galileo 2305, Colonia Postal, Tijuana, Baja California, C.P. 22416 Tel: (664) 683-0575

Schedule: 9:00AM-5:00PM, Monday through Sunday

Espacio Migrante

Services: basic support for migrants, refugees, and deportees from diverse communities, including Haitians, Central Americans, Mexicans from other regions, the LGBTQ community, women, and youth.

Calle Aldrete 911 Col. Zona Norte Tijuana, B.C

Phone: +52 664 607 3458

Casa del Migrante in Tijuana

Services: shelter, food, clothing, medical care, internet, calls, and other basic needs.

Galileo street #239, Colonia Postal, Tijuana, B.C. 22416.

Phone: (664)682-5180 & (664) 382-7685.

PRO AMORE DEI AC

Services: family shelter and free meals.

Address: Canon K, Patrimonial Benito Juárez, 22614

Tijuana, B.C. Phone: +52 (664) 232-3116

CEJUM (Centro de Justicia Para las Mujeres)

Services: legal, psychological and social.

Address: Av. Moctezuma #1, Col. Residencial de Cortez,

C.P. 22190, Tijuana, B.C. Phone: 664-879-0570

Facebook : @bc.cejum

We sincerely thank you for your time and vulnerability in sharing your life experiences with us. Please let us know of any other ways that we may support you or your community



Researching Immigration and Reproductive Health Services Experiences among Refugee and Asylum-Seeking Women Study



Tijuana Resource List



UC San Diego



CENTRE FOR
GENDER & SEXUAL
HEALTH EQUITY

SDSU

San Diego State
University



El Colegio
de la Frontera
Norte

Clinical and Mental Health Services

Refugee Health Alliance

Services: Services: medical and pediatric care, LGBTQIA+ care, prenatal and midwifery, women's care, acupuncture and naturopathic medicine, medical-legal, dentistry.

Av. Miguel Negrete 8350, Zona Urbana Rio, Tijuana, 22010 Tijuana, B.C. Schedule: 9:00am-4:00pm. (M-F)

Psicólogos Sin Fronteras B. C.

Services: mental health services
Av. Aranjuez 22919, Villafontana, Fontana XIV, 22206 Tijuana, B.C., Mexico. Phone: +52 664 170 8460

PrevenCasa A.C.

Services: HIV/AIDS prevention, social health, health care.
Baja California 7580, Zona Norte 22000 Tijuana, Baja California, Mexico. Phone: +52 664 685 3392

Hospital de Salud Mental de Tijuana A.C.

Services: mental health hospital with psychological and psychiatric help.
Blvd. Internacional #20501 Cd. Industrial Mesa de Otay, 22400 Tijuana, B.C., Mexico. Phone: +52 664 607 9090

Secretaría de Salud de Baja California

Services: Vaccination information.
Phone: +52 686 559 5800 Ext 4122

FB page: <https://m.facebook.com/BC.SecretariaSalud/>

Capasits

Services: HIV medical services.
Address: Fuentes de Mexicali SN, Fraccionamiento, 22245 Tijuana, B.C. Schedule: 7:00am a 2:30pm (M-F)
Phone: +52 (664) 650-2220

Centro de Integración y Recuperación Jardín de las Mariposas

Services: rehabilitation center and a shelter for migrants and refugees from the LGBTTTI community.
Silverio Aleman 47 Col Empleado Postal Tijuana, BC C.P. 22416. Phone: 663 127 2900

Legal Services

Al Otro Lado

Services: Direct, free, legal services on both sides of the US-Mexico border.
Calle Primera 8250, Zona Nte., 22127 Tijuana, B.C., Mexico. Phone (Tijuana): 664-208-8994
Email: info@alotrolado.org

HIAS Tijuana

Services: legal services.
Ricardo Flores Magón 8119, Zona Centro, 22000 Tijuana, B.C. Phone: +52 663 205 Schedule: 9:00AM-5:00PM(M-Th) & 9:00AM-1:00PM (F)

MMUJER(Instituto Municipal de la Mujer)

Services: Free confidential legal, psychological, and workshops for women of all nationalities.
Address: Av. Miguel Negrete 8311, Zona Centro, 22000 Tijuana, B.C., México Phone: 664-622-2531 ; 664-622-2377
Facebook: @immujertijuanaobmx

Social Services

Borderline Crisis Center

Services: Emergency shelter, phone calls to contact family, internet service, lockers to store valuable objects, clothing, food, shelter referrals, transportation. Parque Las Californias, Calle Miguel Negrete, Zona Centro, Tijuana, B.C. Phone: (+52) 664-103-1967
Schedule: 9:00AM-5:00PM, Monday through Saturday

Enclave Caracol

Services: community center for free food/meals, library, music/art/dance workshops.
Calle Primera 8250 (entre Av Revolución y Av. Francisco I. Madero) 22000 Tijuana, Baja California, Mexico.
Phone: +52-1-664-669-9045

Centro 32, FBT

Services: food, clothing, and shelter, psychological aid.
Avenida Rio Tijuana 1106 22015 Tijuana, Baja California, Phone: +52(664)686-5925 Schedule: 8:00AM-4:00PM(M-F)

Desayunador Salesiano "Padre Chava"

Services: Free meals, food, medical services, shelter, legal services, internet and phone calls, clothing, showers.
Calle Melchor Ocampo #700, Zona Centro. C.P. 22000 Tijuana B.C. México. Phone: +52 (664) 688-2790
Schedule: 8:30AM-5:00PM(M-F) & 8:30AM-2:00PM(Sat)

Casa Arcoiris

Grassroots organization in Tijuana that provides shelter, food, health and legal basic services to LGBTQ migrants.
WhatsApp: +52(663)1051678
Phone: +52 (664)906.4181.